

## Senior High Retreat Packing List

### WHAT TO BRING

- Bible A Flashlight
- Sleeping Bag or Sheets Pillow
- Towel
- Warm clothing to play outside
- Clothes that can get muddy outside (if you want to play football or go hiking)
- Toiletries
- Extra Shoes and Socks
- Comfortable clothes for indoor worship and workshops
- Bathing suit and towel (for evening at the ARC)
- Court shoes and clothes for basketball/rock climbing/etc. (for evening at the ARC)
- Personal Items
- \*\*\*Signed Health Form

### WHAT NOT TO BRING!

- Electronic stuff: ipods, cell phones, etc.
- Snacks